

Personal Security

When living in a different country and environment, it is essential that you look after your personal belongings. Here are some useful tips:

- Do ensure that you lock your room and main entrance to your house if you are going out, even if you are only leaving for a short time.
- Do close all your windows before going out.
- Don't let strangers into the flat or house. If it is a business call ask to see their identity card first.
- Don't walk alone after dark or use unlit short cuts if you are on your own.
- Don't leave your keys in your door or in communal areas where they can be stolen.
- Don't put your name or room number on your keyring.
- Don't carry large amounts of cash or wear large amounts of jewellery.
- Do keep your cash card separately from your purse or wallet.
- Do tell a friend where you are going and when you can be expected to return.
- Do avoid isolated bus stops and train stations.
- Do avoid isolated cash machines.
- Don't hitch hike or accept lifts from strangers.
- Do carry an attack alarm.
- Do insure personal possessions if possible.